



ST JOHN  
AMBULANCE  
AUSTRALIA INC.  
TOID 88041

# CARDIOPULMONARY RESUSCITATION (CPR)

The St John Cardiopulmonary Resuscitation (CPR) course gives you the skills to perform CPR on a person who is unconscious and not breathing normally. You will require the knowledge and confidence to perform CPR on an adult, child and infant, to describe alternative methods for delivering rescue breaths and how to manage a victim of drowning.

## COURSE DURATION

St John offers the following two options:

1. Half day. Best suited to people who are new to CPR or would like to gain in-depth strong life-saving skills.
2. Assessment only. Students complete an e-learning module and 1.5 hours face-to-face of short practice and then assessment.

This option is for those who are confident in their skills and are experienced first aiders, health care professionals and people who complete their training regularly.

## CERTIFICATE

On successful completion of this course you will be issued a statement of attainment in:

- HLTAID001 Provide cardiopulmonary resuscitation

St John recommends, as per the *First Aid in the Workplace Code of Practice* and the Australian Resuscitation Council guidelines, that resuscitation skills are renewed every 12 months.

## COURSE OUTLINE

This course covers:

- The DRSABCD action plan and responding to emergency situations
- Managing unconscious casualties
- Cardiopulmonary resuscitation (CPR)
- Using a defibrillator (AED)
- Legal issues in first aid
- Infection control

## ASSESSMENT METHODS

Assessment is through a combination of practical first aid activities and a written test paper.

You will be required to demonstrate adult CPR on a manikin on the floor.

## ENTRY REQUIREMENTS/PREREQUISITES

There are no entry requirements or prerequisites to undertake this training.



## CARDIOPULMONARY RESUSCITATION (CPR)

### LOCATIONS

St John delivers first aid courses nationally and across many locations in Australia. Choose the location to suit your needs.

- PUBLIC At a venue near you.
- CUSTOMISED On-site consultation.
- ONSITE At a venue of your choice.
- ONLINE Training delivered online from our E-Learning platform.

### DELIVERY BY ST JOHN'S RTO PARTNERS

St John Ambulance Australia's courses are delivered by way of partnership agreements (e.g. with State/Territory St John Ambulance organisations). In a formal agreement, our partners are authorised to deliver training on behalf of St John Ambulance Australia Inc. (TOID 88041).

Our partners' contact details are available from [www.stjohn.org.au](http://www.stjohn.org.au) or call 1300 ST JOHN.

### PARTICIPANT'S HANDBOOK

For more information about completing a course with St John Ambulance Australia, including complaints, appeals and privacy information, download the Participant's Handbook from [www.stjohn.org.au](http://www.stjohn.org.au). We actively tailor training for people from diverse backgrounds and abilities and encourage all to apply.

For more information on this course, contact the St John Ambulance Australia Training Office in your area. **1300 ST JOHN (1300 785 646)** [www.stjohntas.org.au](http://www.stjohntas.org.au)

