



# Manual Handling Course



## COURSE INFORMATION

This course will provide participant with the skills and knowledge required to recognise potentially hazardous manual tasks and then to prepare and complete those tasks in a safe manner.

## ENTRY REQUIREMENTS

Participants must provide a valid Unique Student Identifier (USI) at the time of enrolment.

## PARTICIPANT COHORT

The target audience for this training product will be people who have manual handling element in their workplace and require training to carry out their work in a safe manner within the health care environment such as nursing staff, aged care workers, store person, packers etc.. This course aims to help participants identify and address workplace health and safety risks, implement safety procedures, and promote a safe working environment.

## COURSE DURATION AND DELIVERY MODES

St John offers the following options:

- 4 hours face to face workshop: This is a full face to face course and participants are required to attend the full workshop.

## COURSE OUTLINE

This course covers the following:

- Work health and safety, hazardous manual tasks and musculoskeletal injuries
- Identify manual tasks involving risk
- Prepare for manual tasks
- Complete manual tasks
- Contribute to safe work practices

## CERTIFICATE

On successful completion of this course, you will be issued a statement of attainment in:

- HLTWHS005 Conduct manual tasks safely



## ASSESSMENT METHODS

A successful outcome for this statement of attainment will be determined by a range of different methods including written assessment, observation of simulated and practical activities etc.

## LOCATIONS

St John delivers first aid courses nationally and across many locations in Australia. Choose the location to suit your needs.

- PUBLIC (at a venue near you)
- CUSTOMISED (on-site consultation)
- ONSITE (at a venue of your choice)
- ONLINE (training delivered online from our e-Learning platform)

## DELIVERY BY ST JOHN'S THIRD PARTIES

St John Ambulance Australia's courses are delivered by way of third-party arrangements (e.g. with State or Territory St John Ambulance organisations). Our third-party agents deliver nationally accredited training and assessment on behalf of St John Ambulance Australia Ltd. (TOID 88041). Contact details for our partner organisations are available from [www.stjohn.org.au](http://www.stjohn.org.au) or call 1300 ST JOHN.

## PARTICIPANT HANDBOOK

Download the *Participant's Handbook* from [www.stjohn.org.au](http://www.stjohn.org.au) for more information about completing a course with St John Ambulance Australia. This includes information about complaints, appeals and privacy information.

We actively tailor training to meet the needs of people from diverse backgrounds and abilities and encourage all to apply.

For more information on this course, contact the Training Office in your area  
**1300 ST JOHN (1300 785 646) [WWW.STJOHN.ORG.AU](http://WWW.STJOHN.ORG.AU)**