



ST JOHN  
AMBULANCE  
AUSTRALIA INC.  
TOID 88041

# PROVIDE FIRST AID

The flagship St John Ambulance first aid course covers a comprehensive range of topics to enable participants to confidently manage emergency situations and provide a first aid response to a casualty. It covers the most common first aid injuries and illnesses.

It is suitable for both people in the workplace and members of the public who want training in first aid.

(Previously known as Senior First Aid, Workplace Level 2, and Apply First Aid.)

## COURSE DURATION

St John offers the following options:

- 2 days. This is best suited to people who are new to first aid or where English is a second language.
- 1 day. Students complete an e-learning module and one day face-to-face of practice and assessment. This course is appropriate for experienced first aiders and people who complete their training regularly.
- Assessment only. This course is for those who are confident in their skills and only want to complete the assessment. Students complete an e-learning module and assessment (half day).

## CERTIFICATE

On successful completion of this course you will be issued a statement of attainment in:

- HLTAID001 Provide cardiopulmonary resuscitation
- HLTAID002 Provide basic emergency life support
- HLTAID003 Provide first aid

St John recommends, as per the *First Aid in the Workplace Code of Practice* and the Australian Resuscitation Council guidelines, that first aid skills are renewed every 3 years and resuscitation skills (HLTAID001/HLTAID007) are renewed every 12 months.

## COURSE OUTLINE

This course covers:

- Roles and responsibilities of the first aider
- The DRSABCD action plan and responding to emergency situations
- Managing unconscious casualties
- Cardiopulmonary resuscitation (CPR)
- Using a defibrillator (AED)
- Legal issues in first aid
- Infection control
- Diabetes
- Heart attack
- Asthma and Anaphylaxis
- Wound and bleeding management
- Burns
- Fractures and dislocations
- Sprains and strains
- Head and facial injuries
- Spinal injuries
- Medical emergencies
- Choking
- Abdominal and chest injuries
- Heat and cold induced conditions
- Poisoning management
- Bites and stings
- Stroke



## PROVIDE FIRST AID

### ASSESSMENT METHODS

A successful outcome for this statement of attainment will be determined by a range of different assessment methods including written assessment, observation of simulated and practical activities etc.

You will be required to demonstrate adult CPR on a manikin on the floor.

### ENTRY REQUIREMENTS/PREREQUISITES

There are no entry requirements or prerequisites to undertake this training.

### LOCATIONS

St John delivers first aid courses nationally and across many locations in Australia. Choose the location to suit your needs.

- PUBLIC At a venue near you.
- CUSTOMISED On-site consultation.
- ONSITE At a venue of your choice.
- ONLINE Training delivered online from our E-Learning platform.

### DELIVERY BY ST JOHN'S RTO PARTNERS

St John Ambulance Australia's courses are delivered by way of partnership agreements (e.g. with State/Territory St John Ambulance organisations). In a formal agreement, our partners are authorised to deliver training on behalf of St John Ambulance Australia Inc. (TOID 88041).

Our partners' contact details are available from [www.stjohn.org.au](http://www.stjohn.org.au) or call 1300 ST JOHN.

### PARTICIPANT'S HANDBOOK

For more information about completing a course with St John Ambulance Australia, including complaints, appeals and privacy information, download the Participant's Handbook from [www.stjohn.org.au](http://www.stjohn.org.au). We actively tailor training for people from diverse backgrounds and abilities and encourage all to apply.

For more information on this course, contact the St John Ambulance Australia Training Office in your area. **1300 ST JOHN (1300 785 646)** [www.stjohntas.org.au](http://www.stjohntas.org.au)

