



# EDUCATION AND CARE FIRST AID PLUS

This course is specifically designed to meet the needs of educators and support staff working within an education and care setting, who are required to respond to a first aid emergency including asthmatic and anaphylactic emergencies. This course is a nationally recognised unit that describes the skills and knowledge required to provide a first aid response to infants, children and adults.

It covers child-specific first aid in many high-risk areas such as anaphylaxis and asthma, as well as common injuries and resuscitation.

This course has been approved by the Australian Children's Education and Care Quality Authority and also satisfies all requirements for first aid, anaphylaxis management, and emergency asthma training under the Education and Care Service National Law and the Education and Care Services National Regulations (2011).

## COURSE DURATION

St John offers the following 2 options:

1. 2 days. This is best suited to people who are new to first aid or where English is a second language.
2. 1 day. Students MUST complete an e-learning module and one day face-to-face of practice and assessment. A printed copy of the certificate or a photo of the screen must be brought to the course. This course is for those who are confident in their skills and are experienced first aiders and people who complete their training regularly.
3. ½ day assessment only. Students MUST complete the 'Final Assessment' section of the e-learning and attend the face-to-face assessment session. A printed copy of the certificate or a photo of the screen must be brought to the course. This course is for those who are confident in their skills and are experienced first aiders and people who complete their training yearly as the course is assessment ONLY.

## CERTIFICATE

On successful completion of this course you will be issued a statement of attainment in:

- HLTAID001 Provide cardiopulmonary resuscitation
- HLTAID002 Provide basic emergency life support
- HLTAID003 Provide first aid
- HLTAID004 Provide an emergency first aid response in an education and care setting
- 22300VIC Course in First Aid Management of Anaphylaxis
- 22282VIC Course in the Management of Asthma Risks and Emergencies in the Workplace

St John recommends, as per the *First Aid in the Workplace Code of Practice* and the Australian Resuscitation Council guidelines, that first aid skills are renewed every 3 years, and anaphylaxis and resuscitation skills (HLTAID001) are renewed every 12 months.



## ASSESSMENT METHODS

A successful outcome for this statement of attainment will be determined by a range of different methods including written assessment, observation of simulated and practical activities etc. You will be required to demonstrate CPR on a manikin on the floor.

## COURSE OUTLINE

This course covers:

- Regulations and definitions of asthma and anaphylaxis
- CPR techniques on infants, children and adults
- DRSABCD, including the trained use of a defibrillator
- Incident reporting in a child care setting
- Using AED's on adults and children
- Anaphylaxis Management for children and adults
- Emergency Asthma Training for children and adults
- Managing shock, seizures, bites, stings
- How to properly assess an emergency situation
- First Aid procedures for bleeding, burns and fractures
- Managing medical conditions such as epilepsy
- Infection control procedures
- Legal responsibilities of a First Aider
- Safety and risk management

## ENTRY REQUIREMENTS/PREREQUISITES

There are no entry requirements or prerequisites to undertake this training.

## LOCATIONS

St John delivers first aid courses nationally and across many locations in Australia. Choose the location to suit your needs.

- PUBLIC At a venue near you.
- CUSTOMISED On-site consultation.
- ONSITE At a venue of your choice.
- ONLINE Training delivered online from our E-Learning platform.

## DELIVERY BY ST JOHN'S RTO PARTNERS

St John Ambulance Australia's courses are delivered by way of partnership agreements (e.g. with State/Territory St John Ambulance organisations). In a formal agreement, our partners are authorised to deliver training on behalf of St John Ambulance Australia Inc. (TOID 88041). Our partners' contact details are available from [www.stjohn.org.au](http://www.stjohn.org.au) or call 1300 ST JOHN.

## PARTICIPANT'S HANDBOOK

For more information about completing a course with St John Ambulance Australia, including complaints, appeals and privacy information, download the Participant's Handbook from [www.stjohn.org.au](http://www.stjohn.org.au). We actively tailor training for people from diverse backgrounds and abilities and encourage all to apply.

For more information on this course, contact the St John Ambulance Australia Training Office in your area.



**1300 ST JOHN (1300 785 646)**

[www.stjohntas.org.au](http://www.stjohntas.org.au)

